A Case of Carotid Web Presenting with Large Vessel Occlusion and Successfully Treated with Mechanical Thrombectomy

By Dr. Shikha Agarwal, DM Neurology Resident, SMS Medical College, Jaipur

INTRODUCTION:

- Carotid web is a rare, *non-atherosclerotic, fibroelastic intimal projection* into the carotid bulb, causing turbulent flow and thrombus formation.
- Recognized cause of recurrent ischemic stroke in young adults, especially women. It accounts for 1–2% of all ischemic strokes but up to 10–20% of cryptogenic strokes in the young.
- Often underdiagnosed on routine CT angiography.
- -it represents an *intimal variant of fibromuscular dysplasia (FMD*) and is distinct from atherosclerotic plaque due to absence of lipid core or calcification

AIM:

- To highlight carotid web as a rare, potentially treatable etiology of large vessel occlusion (LVO) presenting with acute ischemic stroke.
- To emphasize the role of timely endovascular therapy in improving outcomes.

CASE PRESENTATION:

Patient Profile:

- 26-year-old female, no vascular risk factors.
- Acute onset right hemiparesis and dysarthria at 5:30 PM (10 Jan 2025).
- NIHSS 16, ASPECTS 10 on NCCT.

Investigations:

- CT Angiography: Left M1 occlusion with carotid web in left ICA.
- Echocardiogram: Normal LV function, EF 55%.
- Autoimmune and thrombophilia work-up: Negative.

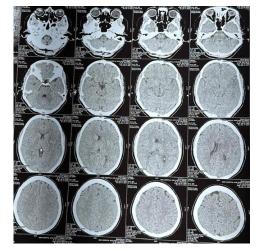


Fig 1. NCCT Head



Fig 2: CT angiography –left M1 occlusion

Case presentation

Management:

- IV thrombolysis with Tenecteplase 10 mg IV bolus.
- Mechanical thrombectomy using stent retriever; *TICI 3* reperfusion achieved.
- *Tirofiban infusion* administered intra-procedure.
- Histopathology of retrieved clot: *Thrombus.*

Clinical Outcome:

- Remarkable improvement post thrombectomy.
- NIHSS improved from $16 \rightarrow 4$ within 24 hours,
- at discharge; mRS 1.
- Mild dysarthria and right-sided weakness (4/5) persisted.
- -Planned for carotid stenting to prevent recurrence

Follow-up:

- On dual antiplatelet therapy and statin.
- Ambulatory with minimal support



Fig 3. Carotid web in left carotid bulb lateral view

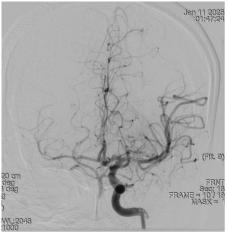




FIG 5: DSA images with left m1 segment occlusion



Fig 4: AP view



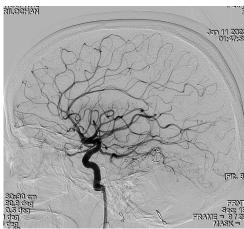


Fig 6:TICI 3 flow achieved post mechanical thrombectomy

DISCUSSION:

- Carotid web is an intimal fibromuscular ridge projecting into the carotid lumen, usually located at the
 posterior wall of the carotid bulb—the site of low shear stress and flow stasis.
- This local hemodynamic alteration promotes platelet aggregation and thrombus formation, which can embolize to the intracranial circulation, leading to stroke.

- Imaging Diagnosis

- CT Angiography / DSA: Shelf-like, smooth, intraluminal filling defect in the carotid bulb, best seen on sagittal oblique reconstructions.
- MRI: May show flow voids; plaque composition studies distinguish it from atherosclerosis.
- DSA remains the gold standard.
- <u>Treatment</u>: There is no consensus on optimal therapy.
 - Medical management with antiplatelets may be insufficient, as recurrence rates are high (up to 30%).
- In our case, combined IV thrombolysis and MT achieved excellent reperfusion and outcome, consistent with prior case series. Elective carotid stenting was planned for secondary prevention.

CONCLUSION:

- Carotid web should be actively considered in young patients with large vessel occlusion and no conventional vascular risk factors.
- Accurate diagnosis through high-resolution imaging and timely endovascular intervention can significantly improve outcomes and prevent recurrence.
- Our case underscores the importance of recognizing carotid web as a treatable cause of stroke in the young.